



Tom's Bar & Bistro

BREAKFAST MENU

HEALTHY OPTIONS

GRANOLA JAR

Seasonal Fresh Compote & Nutty Granola Pot
€5.50

OVERNIGHT OATS JAR

Flahavan's Oats, Granola, Almond Milk, Flaked Almonds, (Glen)Honey, Topped With Fresh Berries
€5.50

FLAHAVAN'S ORGANIC IRISH PORRIDGE

Drizzled with Ringfort Farm Honey & Seasonal Compote
€5.50

BAKER'S BASKET

White & Brown Bread Toasted, Irish Butter & Marmalade or Raspberry Jam
€3.00

SEASONAL FRUIT SALAD

Natural Yogurt & Ringfort Farm Honey
€5.50

AVOCADO TOAST

Sourdough Toast, Crushed Avocado, Crispy Bacon & Poached Eggs
€12.20

BREAKFAST BAP

Toasted Bap, Grilled Bacon, Pork Sausage & Fried Egg
€7.50

SCRAMBLED OR POACHED EGGS

Oven Roasted Tomato & Crispy Bacon
€9.50

VEGGIE BREAKFAST

2 Poached Eggs, Grilled Tomatoes, Sauté Potatoes, Baked Beans, & Mushrooms
€10.50

MINI IRISH BREAKFAST

Sausage, Crispy Bacon, Black & White Pudding, Oven Roast Tomato, Sauté Mushrooms, Baked Beans, & Fried Eggs
€12.50

TRADITIONAL IRISH BREAKFAST

2 Sausage, 2 Crispy Bacon, Black & White Pudding, Oven Roast Tomato, Sauté Mushrooms, Baked Beans, Hash Brown, Fried Eggs
€14.50

TRADITIONAL PANCAKES

Traditional Lemon & Sugar

€7.90

Nutella & Fresh Strawberries

€8.50

Berry Compote

€8.20

Crisp Bacon & Maple Syrup

€9.50

BEVERAGES

The Stables Mixed Berry Smoothie

€3.50

The Stables Freshly Squeezed Orange Juice

€3.20

Apple Juice

€3.20

Pot of Tea

€3.20

Herbal Tea

€3.40

Espresso

€3.50

Mocha

€4.00

Americano

€3.50

Flat White

€3.90

Latte

€3.90

Cappuccino

€3.90

Hot Chocolate

€4.00

Alternative Milk

€0.60

Syrups

€0.75

KID'S BREAKFAST

KID'S PANCAKES

Chocolate Nutella
€6.20

KID'S BREAKFAST

Sausage, Bacon & Fried Eggs
€7.00



SCAN FOR ALLERGENS

